|  |  |
| --- | --- |
| Buddha  | The founder of Buddhism. The "**enlightened one**". |
| Buddhism  | A religion founded by Siddhartha Gautama, the Buddha, who taught that the way to find truth was to **give up all desires**. |
| Dharma  | The **teaching** of the Buddha. |
| Eightfold Path  | In Buddhism, the basic **rules of behavior** and belief that lead to an end of suffering. |
| Enlightenment  | In Buddhism, a state of **perfect wisdom** in which one understands basic truths about the universe. |
| Four Noble Truths  | The four **basic beliefs** that form the foundation of Buddhism. |
| Meditation  | The practice of quiet reflection to **clear the mind** and find inner peace. |
| Middle Way  | In Buddhism, a way of life, neither too strict nor too easy, that results from following the Eightfold Path. |
| Nirvana  | The lasting **peace** that Buddhists seek by giving up selfish desires. A place of peace and harmony. |
| Pagoda  | A **tower** with many stories built as a Buddhist temple or memorial. |
| Siddhartha Gautama  | The founder of Buddhism. Born a prince, he left his father's wealth to find the cause of human suffering; also know as **Buddha**. |
| Stupa  | Buddhist **shrine** that is shaped like a dome or mound. |
| Tipitaka  | The **holy book** of Buddhism, the three baskets. |
| Wheel of Life  | A **symbol** of Buddhism. It represents the endless cycle of life through reincarnation. |